Acupuncture Diploma Programs – Course Descriptions

<table>
<thead>
<tr>
<th>Year</th>
<th>Course Title</th>
<th>Credits</th>
<th>Text</th>
</tr>
</thead>
</table>
| Y1-1, (100 A) , TCM-1 | Foundation of Traditional Chinese Medicine (TCM Theory) | 3 | 1. The basic concepts and application in TCM of Yin-Yang theory  
2. The basic concepts and application in TCM of five element theory (wu xing)  
3. Theory of internal Zhang-Fu organs (zang xiang) |
| Y1-2, (102 A), ACU-1 | Acupressure Level 1 (Dr.Li-Chen Acupressure Massage Lever 1 - For Relaxation), (Clinical Practice of Meridian System, Acupuncture Points and Tui Na) | 3 | 1. Involves learning the location of the meridians and the acupuncture points and the techniques and treatment combinations  
2. Using acupuncture for relaxation, treating anxiety, stress, etc.  
3. Dr.Li-Chen Acupressure Massage follows the basic theories of TCM. Physical manipulations are used to stimulate the points or other parts of the body surface to correct the imbalance of yin/yang; to regulate the functions of qi, blood, meridians and organs; It is an active component of various aspects of the Chinese medical field including: clinical treatment, rehabilitation and prevention. It is a safe and effective form of energy work beginning to reach its therapeutic potential |
| Y1-3, (103A), ACU-2 | Acupuncture Theory (1A)--Acupuncture Meridian System Theory (1A) (jing-luo THEORY-A) | 3 | 1. The distribution and functions of meridians and collaterals  
2. Familiarize and memorize the pathway and function of the 14 meridians (12 Primary meridians and Ren meridians and Du meridians)  
3. 15 Luo-connecting meridians, 12 divergent meridians, 12 sinew meridians, and 12 cutaneous regions  
4. Basic Acupuncture Points Theory (shu xue Theory) and some common acupuncture points for Relaxation and pain condition |
| Y1-4, (207), TCM-2 | Qi Gong, Tai Ji, Yoga and Lifestyle | 3 | 1. Basic traditional Chinese Qi Gong and Tai Ji theory  
2. Basic exercise of traditional Chinese Qi Gong and Tai Ji  
3. Basic Yoga and Lifestyle, etc. |
Y1-5, (102B), ACU-3
Acupressure Level 2
(Dr. Li-Chen Acupressure Massage Level 2- For Treating Pain Conditions)
(Clinical Practice of Meridian System, Acupuncture Points and Tui Na)
中医点穴 2–李陈点穴治疗痛症（经络/穴位/临床实践）
Hrs. 45/Credits 3
1. Involves learning the location of the meridians and the acupuncture points and the techniques and treatment combinations
2. Using acupressure for treating pain conditions
3. Dr. Li-Chen Acupressure Massage follows the basic theories of TCM. Physical manipulations are used to stimulate the points or other parts of the body surface to correct the imbalance of yin/yang; to regulate the functions of qi, blood, meridians and organs; and to recover normal function of the tendons, bones and joints. It is an active component of various aspects of the Chinese medical field including: clinical treatment, rehabilitation and prevention. It is a safe and effective form of energy work beginning to reach its therapeutic potential
4. Learning some common acupuncture points for pain condition

Y1-6, (107), TCM-3,
Patient Communication Skills, Interpersonal Skills, Professionalism, Business Development and Marketing, or, Ethics, Practice Management,
医学管理学和市场营销，职业规划，医学公共关系学，医学法律
Hrs. 45/Credits 3
1. Behaviour of listening, counselling, explaining and teaching
2. Establishes proper Interpersonal Skills, Professionalism
3. Establishes proper business methods and forms
4. Reviews marketing strategies
5. Business administration procedures are important skills to have and an asset for small business management in preparation for professional practice, bookkeeping, record systems, patient management, marketing
6. Record keeping, legal requirements, release of patient information

Y1-7, (103 B), ACU-4
Acupuncture Theory (1B) Acupuncture Meridian System Theory (1B) (jing-luo Theory 1B) (Clinical Practice of Meridian System) 针灸—经络学 (1B)
Dr. Li-Chen Acupressure Massage Level 3- Dr. Li-Chen Meridian Massage
李陈经络按摩学（经络循行实践）
or
Basic 12 Meridian Acupuncture Points (shu xue Theory) 经络腧穴学
Hrs. 45/Credits 3
A. Clinical Practice of Meridian System & Acupuncture Points
经络学(B)--李陈经络按摩学（经络循行实践）
1. Clinical applications of meridians in diagnosis and treatment
2. Meridians Massage to regulate meridian internal organ function and to boost immunity, and balance yin and yang
3. Dr. Li-Chen Acupressure Massage follows the basic theories of TCM. Physical manipulations are used to stimulate the points or other parts of the body surface to correct the imbalance of yin/yang; to regulate the functions of qi, blood, meridians and organs; and to recover normal function of the tendons, bones and joints. It is an active component of various aspects of the Chinese medical field including: clinical treatment, rehabilitation and prevention. It is a safe and effective form of energy work beginning to reach its therapeutic potential
B. Basic 12 Meridian Acupuncture Points (shu xue Theory) 经络腧穴学
Y1-8, (106), ACU-5
Foundation of Traditional Chinese Medicine (TCM Theory) 2
Acupuncture Treatment Techniques;
Clinical Practice of Cupping, No-Needle No-Pain Acupuncture, etc.
针法灸法学((理论/实践)
Hrs. 45/Credits 3
1. Clinical Practice of Cupping, No-Needle No-Pain Acupuncture,
2. Perform treatment utilizing supplementary devices. a. perform stimulation using heat lamps
3. Perform stimulation using electro-acupuncture devices
4. Basic Auricular Acupuncture

Y1-9, 104, WM-1
Western Anatomy
解剖学,
Hrs. 60/Credits 4
1. Gross surface and functional anatomy and neuro-anatomy
2. The functional anatomy of bones, joints, muscles, vessels, and nerves in an integrated way, using a regional approach
3. This course will cover the basic principles of human anatomy & physiology including the musculoskeletal, nervous, endocrine, digestive, respiratory, circulatory, immune, urinary, and reproductive systems

Y1-10, (108), ACU-5
Acupuncture Theory 2 --Acupuncture Points (shu xue Theory) 針灸—腧穴学
And Clinical Practice of Acupuncture Points (shu xue Theory)
Hrs. 90 Credits 6
Classification, location, indication and functions of acupuncture points
a) jing xue (points of the 14 meridians)
b) jing wai qi xue (extra points)
1. Apply knowledge of the following special groupings of points, in treatment planning:
a) wu shu xue (five transporting points)
b) yuan xue (primary, source points)
c) luo xue (connecting points)
d) xi xue (cleft points)
2. Point prescription, principles and methods of combination of points.

Y1-11, (100B), TCM-4
Foundation of Traditional Chinese Medicine (TCM Theory) (1B) 中医基础学（1B）
Hrs. 45/Credits 3
1. Theory of vital substances: energy, blood, body fluid, essence, spirit (qi, xue, jin ye, jing, & shen)
2. Causes of diseases in TCM: external and internal (bing yin--etiology)
3. Pathological changes in TCM (bing ji--pathogenesis)
4. The principle of treatment in TCM (zhi ze)
5. Body constitution, characteristics; genetic and environmental factors (ti zhi), etc.

Y1-12, (105), TCM-6
History, Terminology of TCM and Basic Chinese Language 中医医学史
Hrs. 45/Credits 3
1. Brief introduction of TCM history, Introduction to communication of basic TCM relevant language and expressions in Chinese
2. Pin yin in the Chinese language - Mandarin keywords, written language pertaining to TCM and acupuncture
Y1-13, (101), TCM-5
Diagnostics of Traditional Chinese Medicine (TCM) 中医诊断学
Hrs. 90, Credits 6

This course is an examination of the history and application of the two main tenets of diagnosis in TCM
1. The four methods of inquiry and differentiation to find the root. The first tenet teaches how to synthesize data obtained through the four diagnostic methods; observing (wang), listening & smelling (wen), asking (wen) and palpating (qie)
2. The second tenet examines the differentiation of illness according to the theories of the eight principles, Ba Gan Bian Zheng (8 principle syndromes diagnosis); qi-blood-fluids; the zang-fu; the six energetic layers; the four levels of wei-qi-ying-xue; and the san jiao

AS-123A, (123A), ACU-A
Advanced Study – Acupuncture/Acupressure Research Project, Public Acupuncture Acupressure & TCM Education / Promotion 高级学习/针灸点穴与教育 (Dec, Mar)
Hrs. 45/ Credits 3

Students are required to complete 2 research projects related to acupuncture, TCM or acupressure, to apply their learning. Projects will be done offsite

<table>
<thead>
<tr>
<th>Three-Year Full Time Acupuncture Program, and Two-Year Intensive Full Time Acupuncture Program</th>
<th>(2220 hours / 148 credits in total)</th>
</tr>
</thead>
</table>

Y2-1, (200), WM-2
Western Physiology 生理学
Hrs. 45 /Credits 3

Building on the anatomical knowledge acquired in WM-1, this course discusses normal body functions with emphasis on homeostasis. Major topics include cellular biophysics, fluid and electrolyte balance, peripheral and central nerve system functions, cardiovascular physiology, digestion and metabolism, muscle, endocrine and respiratory physiology. Students will study the functions and regulations of organ systems in this course. Specific attention will be placed on the respiratory, cardiovascular, nervous, digestive, urinary, and reproductive systems. The physiology of exercise and energy metabolism will also be discussed,

Y2-2, (201 A), TCM-7
Herbology of Traditional Chinese Medicine Zhong Yao) & TCM Nutrition 中药学，中医营养学
Hrs. 45/Credits 3

1. General introduction to Chinese Herbology
2. Introduction to individual herbs, including their nature, taste, actions and indications. In this course, the most frequently used herbs will be discussed in detail

Y2-3, (203), ACU-7
Equipment Safety & Clean Needle Techniques (Acupuncture Safety Course) 针灸安全课程
Hrs. 15/Credits 1

1. Introduction to clinical equipment, clean needle technique
2. Students will learn how to maintain a clean and safe clinical practice for TCM & acupuncture. Students will learn how to prevent and handle possible accidents during acupuncture treatments.
Y2-4, (212), ACU-8
Treatment Principles and Methods, and Clinical Case Studies.
(Ethics, Medical, Legal Issues and Acupuncture Regulation)
针灸治疗原则,医学公共关系学,医学法律学,针炙立法
Hrs. 30/Credits 2
1. Treatment protocol based on differentiation of syndromes
2. This course is a practical guide to business planning, advertising, insurance billing and business ethics. Medical legal issues will be studied with a view towards legal responsibilities and obligations to patients and other health care providers. This course introduces the students to patient record-keeping, informed consent, confidentiality and privacy issues, standards of practice, and code of ethics as health care professionals.
3. This course will focus on the governance of Chinese medicine in British Colombia, Ontario and also some key policies for practice of TCM in Canada. We will also cover clinical responsibilities and standards that the clinician will be required to maintain a safe and professional practice. The scope of subject material for this course to cover safe and professional practice will include but is not limited to: legal and professional definitions, the scope of TCM practice guidelines, clinical safety, maintaining professional patient relationships, how to prepare a plan of care, cultural competencies, legal and professional responsibilities, legal aspects of maintaining patient records, etc.

Y2-5, (205), ACU-9
Acupuncture Therapeutics & Techniques (Theory and Practice of Acupuncture, Moxibustion)  针法灸法学(理论)(实践)
Hrs. 90/Credits 6
1. Manipulation of needles
2. Scalp Acupuncture, Three Edge and Seven Star Needle acupuncture,
3. Moxibustion, Electric Acupuncture, etc.
4. Special attention will be paid to acupoints that are close to internal organs, arteries, nerves and brain. Special emphasis will also be given on toxic herbs. Clean Needle Technique and procedures will also be covered. Students will learn how to prevent and handle possible accidents during acupuncture treatments. Students will also learn how to recognize emergency situations in clinical settings and how to provide appropriate referrals to other healthcare professionals for proper continuation care.

Y2-6, (208), ACU-10
Acupuncture Treatment (a): Internal Medicine  针灸治疗学 (a)—内科学
Hrs. 45/Credits 3
1. This course offers an in-depth study of the diagnostic parameters, syndrome differentiations, and treatment principles according to the theoretical models presented in TCM
2. Introduction to acupuncture treatment of internal diseases named with TCM and internal diseases named according Western medicine
3. The emphasis in this course is on syndrome differentiation, treatment planning and selection of appropriate point combinations for each condition. An emphasis will be placed on understanding why points are chosen and how to use points in combination for improved treatment efficacy

Y2-7, (204), WM-3
Western Pathology / Pharmacology; 病理学
Hrs. 60 /Credits 4
Pathology involves the study of the nature and mechanisms of disease. This course teaches students the basic concepts of pathology dealing with abnormal cellular changes, response,
injury, acute and chronic inflammation, neoplasm and a systemic review of pathology in neurological and endocrine and other systems.

Pharmacology;
Provides basic knowledge of Western medical drugs. Students will study the mechanisms of action, absorption, excretion and toxicity of specific drugs.

Y2-8, (209), ACU-11
Acupuncture Treatment (b): Gynecology & Pediatric Diseases
针灸治疗学 (b) —妇科学，儿科学
Hrs. 45/Credits 3
1. This course offers an in-depth study of the diagnostic parameters, syndrome differentiations, and treatment principles according to the theoretical models presented in TCM
2. Introduction to acupuncture treatment of Gynecology & Pediatric Diseases named with TCM and named according Western medicine
3. The emphasis in this course is on syndrome differentiation, treatment planning and selection of appropriate point combinations for each condition. An emphasis will be placed on understanding why points are chosen and how to use points in combination for improved treatment efficacy
4. 

Y2-9, (201B), TCM-8
Formula of Traditional Chinese Medicine (Fun ji) 方剂学 &
TCM Health Preservation 中医养生学
1. Introduction to Formula of Traditional Chinese Medicine (Fun ji)
2. Introduction to TCM Health Preservation.
3. Chinese herbal medicine is the central discipline of Traditional Chinese Medicine, The combination of herbal medicine and acupuncture is fundamental to our TCM programs.
4. Basic the principle of prevention in TCM (yu fang)
5. Basic life preservation - diet, exercise, lifestyle (yang sheng)

Y2-10, (206), WM-4
Clinical Basis of Western Medicine
(Western Diagnosis, Microbiology, Immunology) 西医诊断学，西医临床
Hrs. 90/Credits 6
1. Students will examine the methods of physical diagnosis in western medicine. Emphasis is placed on history taking, and physical examination based on the system approach. Students will develop their skills in diagnostic procedures and functional tests of various body systems that can be used hand in hand with TCM diagnostic skills. This course will also cover differential diagnosis of common and critical symptoms and signs
2. Medical Microbiology: Introduce the basic knowledge of pathogenic microorganisms that cause disease. Methods of infection prevention such as vaccination, sterilization and disinfection will also be introduced. Bacteriology and virology are topics covered in this course.

Y2-11, (210), ACU-12
Acupuncture Treatment (c): Traumatic Injury, Five Sense Organ Diseases & Skin Diseases
针灸治疗学 (c) —外科学，五官科，皮肤科
Hrs. 45/Credits 3
1. Introduction to acupuncture treatment of the commonly see traumatic injury, including sports trauma and treatment of commonly seen skin diseases
2. Introduction to acupuncture treatment of commonly seen five sense organs diseases
Y2-12, (109), TCM-9
Tui Na (Chinese Therapeutic Massage) 推拿学
Hrs. 45/Credits 3
1. Commonly-used Tui Na manipulations
2. Practicing Chinese Tui Na and performing different manipulations while learning treatment of common diseases

Y2-13, (211), WM-6
Acupuncture or TCM Related Special Topic, Methods,
Integrate TCM and Western Medicine Concepts, Clinical Case Studies
Hrs. 45/Credits 3
1. Acupuncture or TCM Related Special Topics, Integration of TCM & Western Medicine,
2. Clinical Case Studies
4. Western Medicine approaches to TCM practice (Integrate TCM and Western Medicine Concepts)

Y2-14, (202), TCM-10
Introduction to Traditional Chinese Medicine (TCM) Classics
中医四大经典
Hrs. 30/Credits 2
A brief introduction to main contents of Nei Jing, Shan Han Lun, Jing Gui Yao Nue and Wen Bing

Y2-15, (213), PRO-1
Marketing, Professional Entry Requirements, Career Planning
医学管理学，市场营销，职业规划
Hrs. 15/Credits 1
1. Business administration procedures are important skills to have and an asset for small business management in preparation for professional practice
2. Business management, bookkeeping, record systems, patient management, marketing, Canadian Tax system, ethics, legal issues plus other related topics will be covered
3. Students will also be shown strategies to identify potential areas in which to establish themselves as practitioners upon graduation
4. Professional Entry Requirements

AS-123B, 123B, ACU-B
Advanced Study – Foundation of Traditional Chinese Medicine, Herbolgy of TCM, TCM Nutrition, Acupuncture Research Project, Public Acupuncture, Acupressure & TCM Education/Promotion 高等学习—中药, 方剂, 针灸研究与教育 (Dec, Mar)
Hrs. 45/Credits 3
Students are required to complete 2 to 3 research projects related to Chinese Medicine, acupuncture and TCM Practice to apply their learning. Projects will be done offsite

| Three-Year Full Time Acupuncture Program, and |
| Two-Year Intensive Full Time Acupuncture Program | (2220 hours / 148 credits in total) |

Y3-1, (301), Clinic-1
Clinical Training
-- Internship 1 (Supervised direct patient contact Practice)
Practice of Traditional Chinese Medicine (TCM) Diagnosis & Therapies 临床实习 1
Hrs. 30/Credits 2

Y3-1, (301), Clinic-1 is the first of the Clinical Practice / Internship clinical training series. Under the supervision of clinical instructors who are experienced licensed practitioners, student involves direct patient contact with the individual communicating a traditional Chinese medicine diagnosis and treating patients in recognized clinical facilities and at other healthcare clinics, or at outreach clinics. Working individually or in pairs, interns practice on their own patients directly. Educate patients on practical applications of TCM diagnosis especially tongue, pulses diagnosis, etc.

Y3-2, (302), Clinic-2
Clinical Training -- Clinical Business Training and Clinical Observation 临床观察
Hrs. 60/Credits 4

Clinical Observation Introduces students to the clinical program and allows students witness firsthand the diagnosis of patients and implementation of treatment strategies in actual clinical settings, performed by senior student interns and licensed practitioners. Students spend time in clinical settings inside the college student clinic, CCATCM teaching clinics and/or with approved outside clinics. In addition to observation students assist as appropriate, includes performing clinical assistant duties. Also include Clinical Business Training, Marketing and Promoting acupuncture and TCM, introduced to all aspects of clinical practice and management, to help student run a success Business.

Y3-3, (303), Clinic-3
Clinical Training
-- Internship 2 (Supervised direct patient contact Practice)
Point Location Practice / Acupressure, Acupuncture 临床实习2 -- 穴位位置实践/针灸
Hrs. 60/Credits 4

Under the supervision of clinical instructors who are experienced licensed practitioners, student involves direct patient contact with the individual communicating a traditional Chinese medicine diagnosis and treating patients in recognized clinical facilities and at other healthcare clinics, or at outreach clinics. Working individually or in pairs, practice on their own patients locate acupuncture points and performing acupressure, acupuncture, and other TCM modalities taught in the program. Gain the knowledge and ability to treat stress, anxiety, depression, pain and other conditions, and enhance immunity.

Y3-4, (304), Clinic-4
Clinical Training
-- Internship 3 (Supervised direct patient contact Practice)
Clinical Practice 临床实习3
Hrs. 135/Credits 9

1. Under the supervision of clinical instructors who are experienced licensed practitioners, student involves direct patient contact with the individual communicating a traditional Chinese medicine diagnosis and treating patients with acupuncture, ear acupuncture, cupping therapy, Chinese herbal medicine, and other TCM modalities taught in the program
2. Gain the knowledge and ability to treat common diseases with acupuncture, ear acupuncture, cupping therapy, Chinese herbal medicine, and other TCM modalities taught in the program.
3. Discussing clinical cases with supervisor
4. During the clinical practicum, students are responsible for compiling patient intakes; diagnosing TCM conditions; creating treatment plans; performing acupuncture, ear acupuncture, cupping therapy, acupressure; Tui Na, Chinese herbal medicine, and other TCM modalities taught in the program.
Y3-5, (305), Clinic-5
Clinical Training
-- Internship 4 (Supervised direct patient contact Practice)
Diagnosis/ Clinical Cases Study 临床实习 4-- 诊断/临床
Hrs. 45/Credits 3
Under the supervision of clinical instructors who are experienced licensed practitioners, student involves direct patient contact with the individual communicating a traditional Chinese medicine diagnosis and treating patients in recognized clinical facilities and at other healthcare clinics, or at outreach clinics.
Working individually or in pairs, interns practice on their own patients directly. Educate patients on practical applications of TCM diagnosis especially tongue, pulses diagnosis, etc., Reporting, discussing and analyzing complicated cases, Gain knowledge and ability in diagnosis and treatment of complicated syndromes or disease

Y3-6, (306), Clinic-6
Clinical Training
-- Internship 5 (Supervised direct patient contact Practice)
Advanced Internship 临床实习
Hrs. 330/Credits 22
5. Under the supervision of clinical instructors who are experienced licensed practitioners, student involves direct patient contact with the individual communicating a traditional Chinese medicine diagnosis and treating patients with acupuncture, ear acupuncture, cupping therapy, Chinese herbal medicine, and other TCM modalities taught in the program
6. Gain the knowledge and ability to treat common diseases with acupuncture, ear acupuncture, cupping therapy, Chinese herbal medicine, and other TCM modalities taught in the program.
7. Discussing clinical cases with supervisor
8. During the clinical practicum, students are responsible for scheduling appointments; compiling patient intakes; diagnosing TCM conditions; creating treatment plans; performing acupuncture, ear acupuncture, cupping therapy, acupressure; Tui Na, Chinese herbal medicine, and other TCM modalities taught in the program, also managing accidents; etc.
9. Students will also learn how to adjust their treatment plans and frequencies as patient conditions improve. All aspects of each case are jointly managed by the student and the clinical supervisor. This is for preparing students for their tenure as practitioners
10. In these 330 hours, students must perform 330 paid treatments (one hour per treatment), either as individual practitioners or as an assistant. (A minimum of 130 treatments must be done as individual paid clients treating by student self to pass the program).
Activities include the taking and recording of case history, formulation of diagnoses, treatment plans and prognoses and the implementation of treatment for a wide variety of individual patients. Interns must utilize the appropriate forms of treatment, which may include acupuncture, herbs or tuina massage. Interns are also involved with general clinical maintenance and management. Students must complete all the hours of clinical training by the end of the programs

As-123C, 123D, (123C, D)
Advanced Studies (Clinic Research Project and/or Outreach Clinic)
1) TCM Nutrition, Acupuncture Research Project, Public Acupuncture, Acupressure & TCM Education / Promotion and/or
2) Outreach Clinic, Community Outreach and Practice Development (Acupuncture, Acupressure & TCM Public Education / Promotion
高等学习 — 公众健康宣传，教育，研究和实践 (针灸，点穴)
Hrs. 90/Credits 3
1) Students are required to complete 2 to 3 research projects related to Chinese Herbology, acupuncture and TCM to apply their learning. Projects will be done offsite
2) **Outreach Clinic, Community Outreach** Community Outreach clinic gives students an opportunity to both networks within the larger community and to facilitate communication within the internal college community

1. Projects aim to promote awareness of the alternatives that TCM health care offers
2. Health shows, open houses and community events encourage health and wellness through acupuncture and Chinese medicine in the community and teach promotion skills first hand
3. Usually accompanied by a school representative or an instructor, student involves communicating a traditional Chinese medicine diagnosis and performing acupressure, acupuncture, Chinese herbal medicine, and other TCM modalities taught in the program.